## Calendar plan of sports events of IUKL for 2023

No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
		-	First group - Rati	0 1	_			
			(Continental, World C		<mark>)</mark>			
				younger boys	Under 16 <sup>1</sup>			
	European			younger girls				
	Championship	Only athletes	Two arms Jerk / Snatch /	older boys	Under 18 <sup>1</sup>			
	among	from the European region	Two arms LC /	older girls	Chaci io			
	Youth U-16/U-18,	(professionals / amateurs)	All-around /	male juniors	Under 23 <sup>2</sup>			April
1	Juniors U-23,	,	Relay races (Jerk / LC)	female juniors	Officer 23	Greece	Nafplio	20-24,
	Adults			male adults	unlimited		1	2023
				female adults	ummiteu			
	Open	All athletes without continental restrictions	Two arms Jerk / Snatch / Two arms LC /	male	unlimited			
	European Cup	(professionals / amateurs)	All-around / Relay races (Jerk / LC)	female	ummmed			
		Asian	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	younger boys	Under 16 <sup>1</sup> Under 18 <sup>1</sup> Under 23 <sup>2</sup>			
				younger girls				
		0		older boys				May
2		U-18, from the Asian region (professionals / amateurs)		older girls		Kyrgyzstan	Bishkek	04 - 08,
				male juniors		Ryigyzstan	Distinct	2023
		,		female juniors				
				male adults	unlimited			
				female adults				
	World		All-around (Two arms Jerk + Snatch +	1	Under 23 <sup>2</sup> unlimited	Place will be assigned	Place will be assigned	June, 2023
	Championship	All athletes		male juniors				
3	in All-around	without continental restrictions	Two arms LC) /	female juniors				
	among Juniors U-23,	(professionals / amateurs)	Relay races (Jerk / LC) / Snatch-12	male adults				
	Adults		Sharen 12	female adults	diffillited			
	Pan American	Only athlets	Two arms Jerk / Snatch /	younger boys	77 1 161			
	Championship	from the Americas region –	Two arms LC /	younger girls	Under 16 <sup>1</sup>			
	among	North America,	All-around /	older boys	TT 1 101			
	Youth U-16/U-18,	Caribbean region,	Relay races (Jerk / LC)	older girls	Under 18 <sup>1</sup>	USA		
4	Juniors U-23,	Central America, South America		male juniors	Under 23 <sup>2</sup>		Place will be	June - July,
-	Adults	(professionals / amateurs)		female juniors	Officer 23	USA	assigned	2023
		(1)		male adults	unlimited			
				female adults				
		All athletes	Two arms Jerk / Snatch /	male	unlimited			

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	Open Pan American Cup	without continental restrictions (professionals / amateurs)	Two arms LC / All-around / Relay races (Jerk / LC)	female					
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No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
			<mark>First group - Rat</mark>		_			
			(Continental, World C		<mark>6)</mark>			
	World Youth	All young athletes	Two arms Jerk / Snatch /	younger boys	Under 16 <sup>1</sup>			
	Championship	without continental restrictions		younger girls				
	U-16/U-18		Two arms LC /	older boys	Under 18 <sup>1</sup>	Place will be	Place will be	July,
5			All-round /	older girls	_	assigned	assigned	2023
	Would Cun	All athletes without continental restrictions	Relay races (Jerk / LC)	male	unlimited			
	World Cup	(professionals / amateurs)		female	uniimited			
	Open	All athletes	Two arms Jerk / Snatch / Two arms LC /	male			Taipei	August
6	Asian Cup	without continental restrictions (professionals / amateurs)	All-around / Relay races (Jerk / LC)	female	unlimited	Taiwan		25 - 28, 2023
	World Championship in Separate Disciplines among Juniors U-23, Adults	All athletes without continental restrictions (professionals / amateurs)	Two arms Jerk / Snatch / Two arms LC / Relay races (Jerk / LC)	male juniors		I July alvigton	Samarkand	
					Under 23 <sup>2</sup>			_
				female juniors				October 18 - 23, 2023
7				male adults	nuliusitad	Uzbekistan		
				female adults	ummmed			
				younger boys	Under 16 <sup>1</sup>			
	Oceania Area	Only athlets		younger girls	Officer 10	– Australia	Place will be assigned	November- December,
	Championship	from the Oceania region – Australasia,	Two arms Jerk / Snatch /	older boys	Under 18 <sup>1</sup>			
8	among	Melanesia,	Two arms LC /	older girls	Onder 10			
	Youth U-16/U-18,	Micronesia,	All-around /	male juniors	Under 23 <sup>2</sup>			
	Juniors U-23, Adults	Polynesia	Relay races (Jerk / LC)	female juniors				
	Adults	(professionals / amateurs)		male adults	unlimited			2022
			Two arms Isale / Castale /	female adults				
	Open Oceania	All athletes	Two arms Jerk / Snatch / Two arms LC / All-around / Relay races (Jerk / LC)	male				
9	Area Cup	118 without continental restrictions		female	unlimited			

<sup>&</sup>lt;sup>1</sup> In the Youth groups U-16/U-18 (boys & girls) can participate athletes up to 16 years old (born in 2007 and younger) and up to 18 years old (born in 2005 and younger).

<sup>2</sup> In the Junior groups U-23 (male & female) can participate athletes up to 23 years old (born in 2000 and younger).

<sup>3</sup> In the Senior groups can participate female athletes from 35 years old (born in 1988 and later) and male athletes from 40 years old (born in 1983 and younger).

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No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
			Second group - Mult	-				
		(Seniors Cl	hampionships, Contine	ntal, World Games, (	Grand Prix)			
	European Championship	Only athletes-seniors	Two arms Jerk / Snatch / Two arms LC /	male seniors	40 and older <sup>3</sup>			
	among Seniors	from the European region	All-round / Relay races (Jerk / LC)	female seniors	35 and older <sup>3</sup>			
			One arm jerk/	male juniors female juniors	Under 23 <sup>2</sup>			April
1		All athletes	Snatch-12 /	male adults		Greece	Nafplio	20-24,
	Open European	without continental	One arm LC /	female adults	unlimited		1 (MIPII)	2023
	Grand Prix	restrictions	Relay races (Jerk&Snatch)	male seniors	40 and older <sup>3</sup>			
	2 - 33 - 34 - 5 - 5 - 5		(Jerk&Shaich)	female seniors	35 and older <sup>3</sup>			
		All Para-athletes without	Determined	male Para-athletes				
		continental restrictions	individually	female Para-athletes	unlimited			
2	Asian Championship	Only athletes-seniors	Two arms Jerk / Snatch / Two arms LC /	male seniors	40 and older <sup>3</sup>	Kyrgyzstan	n Bishkek	May 04 - 08,
	among Seniors	from the Asian region	All-round / Relay races (Jerk / LC)	female seniors	35 and older <sup>3</sup>	Tty15y25taii		2023
	Pan American Championship among Seniors	Only athletes-seniors from the Pan American region	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older <sup>3</sup>	USA	Place will be assigned	
				female seniors	35 and older <sup>3</sup>			
		Prix	One arm jerk / Snatch-12 /	male juniors	Under 23 <sup>2</sup> unlimited			
				female juniors				June - July,
3			One arm LC /	male adults				2023
	Open Pan American Grand Prix		Relay races (Jerk&Snatch)	female adults				
				male seniors	40 and older <sup>3</sup>			
				female seniors	35 and older <sup>3</sup>			
		All Para-athletes without	Determined	male Para-athletes	unlimited			
		continental restrictions	individually One arm jerk /	female Para-athletes		Place will be	D1	7. 1.
4		All young athletes	Snatch-12 /	younger boys	Under 16 <sup>1</sup>	Place will be assigned	Place will be assigned	July, 2023
	World Youth	without continental	One arm LC/	younger girls		ussigneu	ussignea	2023
	Games	restrictions	Relay races	older boys	Under 18 <sup>1</sup>			
			(Jerk&Snatch)	older girls				
	World	All athletes	One arm jerk/	male juniors	Under 23 <sup>2</sup>			
	Grand Prix	without continental restrictions	Snatch-12 / One arm LC /	female juniors				
		1680 ICHOHS	Relay races	male adults	unlimited			
			(Jerk&Snatch)	female adults	40 and -143			
				male seniors	40 and older <sup>3</sup>			

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		female seniors	35 and older <sup>3</sup>
All Para-athletes without	Determined	male Para-athletes	1::41
continental restrictions	individually	female Para-athletes	unlimited

No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates
•		<u>-</u>	Second group - Mult	isport competitions				
		(Seniors C	hampionships, Contine	ntal, World Games, C	Grand Prix)			
		A 11 - (1.1 -	One arm jerk /	male juniors	Under 23 <sup>2</sup>			
				female juniors	Officer 23			
		All athletes without continental	Snatch-12 / One arm LC /	male adults	unlimited			August
1	Open Asian	restrictions	Relay races	female adults		Taiwan	Taipei	25 - 28,
1	Grand Prix	1001212012	(Jerk&Snatch)	male seniors	40 and older <sup>3</sup>	1 ai w aii	Taipei	2023
			,	female seniors	35 and older <sup>3</sup>			2023
		All Para-athletes without	Determined	male Para-athletes	unlimited			
		continental restrictions	individually	female Para-athletes	ummica			
	World Championship	All athletes-seniors without continental	Two arms Jerk / Snatch / Two arms LC /	male seniors	40 and older <sup>3</sup>			October 18 - 23, 2023
	among Seniors	restrictions	All-round / Relay races (Jerk / LC)	female seniors	35 and older <sup>3</sup>	Uzbekistan		
	World Games	All athletes without continental restrictions	One arm jerk / Snatch-12 / One arm LC / Relay races (Jerk&Snatch)	male juniors	Under 23 <sup>2</sup> unlimited			
				female juniors				
5				male adults			Samarkand	
				female adults				
				male seniors	40 and older <sup>3</sup>			
				female seniors	35 and older <sup>3</sup>			
		All Para-athletes without continental restrictions	Determined individually	male Para-athletes				
				female Para-athletes	unlimited			
	Oceania Area Championship	Only athletes-seniors from	Two arms Jerk / Snatch / Two arms LC / All-round / Relay races (Jerk / LC)	male seniors	40 and older <sup>3</sup>			
	among Seniors	the Oceania Area		female seniors	35 and older <sup>3</sup>			
				male juniors	Under 23 <sup>2</sup>			
		All athletes	One arm jerk/	female juniors	Officer 23		D1 .11.1	November-
7		without continental	Snatch-12 /	male adults	unlimited	Australia	Place will be assigned	December,
,	Open Oceania Area	restrictions	One arm LC/	female adults	ummmted			2022
	Grand Prix	Testifetions	Relay races (Jerk&Snatch)	male seniors	40 and older <sup>3</sup>			
	Granu Frix			female seniors	35 and older <sup>3</sup>			
		All Para-athletes	Determined	male Para-athletes				
		without continental restrictions	individually	female Para-athletes	unlimited			

<sup>&</sup>lt;sup>1</sup> In the Youth groups U-16/U-18 (boys & girls) can participate athletes up to 16 years old (born in 2007 and younger) and up to 18 years old (born in 2005 and younger).

<sup>2</sup> In the Junior groups U-23 (male & female) can participate athletes up to 23 years old (born in 2000 and younger).

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<sup>3</sup> In the Senior groups can participate female athletes from 35 years old (born in 1988 and later) and male athletes from 40 years old (born in 1983 and younger).

No	Name of the event	Participants	Discipline/exercise	Target group	Age	State	City	Dates			
	Third group – "Sport for All" competitions (Tournaments, festivals, contests)										
2	Online tournament	All athletes without continental restrictions	Two arms Jerk / Snatch / Two arms LC / All-round /	male	up to 14 years old,	Online		December 2023			
2	"Kettlebells for Everyone 2023"		One arm jerk / Snatch-12 / One arm LC	female	extra open age group		nt				
	Fourth group – Scientific, research and educational events (Conferences, seminars, workshops, training camps)										
1	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	From 18 years old	Greece	Nafplio	April 20 – 24, 2023			
	International referee seminar	Representatives of IUKL members without any restrictions	Kettlebell lifting	judges	old	Uzbekistan	Samarkand	October			
2	International Seminar on Anti-Doping	Representatives of IUKL members without any restrictions	Kettlebell lifting	Members of IUKL	From 18 years old	OZUCKISTAII	Samarkand	18 - 23, 2023			

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